

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ingrid Troskie

Has successfully participated & completed the

40km Ezemvelo Presented by BoutTime & Navworld

held at Cowhouse Market.

TIME 02:50:31

PACE 14.07km/h **OVERALL** 145 of 226

GENDER 46 of 76 VETERAN 19 of 28





